



Duncan Christian Reformed Church

930 Trunk Road, Duncan, British Columbia, V9L 2S1

January 26, 2025



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The bulletin and weekly sermons can
be found on our website,
www.duncancrc.org

The Christian Reformed Church in
North America www.crcna.org

Worship Services

Sunday, January 26:

This Sunday we will look into Sabbath Rest.

Practicing the Way is the organization that has provided the videos on Sabbath that we will be watching bi-weekly. They have additional resources that you can use to deepen your journey: a companion guide, podcasts, and more. Sign up to join our church group as we walk this road together by using this link or QR Code. <https://launch.practicingtheway.org/groups/ly8kz58co/join>



The Offering is for Church Ministries.

Next Sunday, February 2:

We will celebrate the Lord's Supper together.

Next Sunday is Cadets Sunday.

The Offering will be for Church Ministries and the special offering is for our local Cadets group.

Cadets is a great ministry that brings together Christian men and boys in gr. 3-7. Through projects, gym nights, and events relationships are fostered. Those relationships then offer an opportunity to share God's love and Good News to the boys in our church and community, helping them grow more Christlike in every area of their lives. This ministry has shaped the lives of our future leaders since 1952.

Besides Canada, there are clubs in the United States, Kenya, and Uganda. The organization also shares materials and information with Cadet clubs in New Zealand and a brother organization, the Christian Cadet Corps, in Australia.



Announcements

Men's Breakfast

Come and join us on the first Saturday of the month, Feb. 1st, 8am at the Dog House. We will be talking about Sabbath. Did you grow up with a Sabbath rhythm? What was good, what wasn't? How do you practice Sabbath today? Hope to see you there.

Sunday Sandwiches

A few of our members are involved with a group that provides lunch on Sundays and holidays, because the Food Bank does not. Our Church will be supplying lunch on Monday, February 17. There is a sign up sheet in the Foyer for helping out with set up and lunch items.

<https://www.facebook.com/groups/sundaysandwiches>

Announcements

ReFrame Ministries

Kids Corner: Faith and Action - Check out this week's kids' devotion at www.kidscorner.net. In James 2:14-16, God tells us that if we truly have faith, we can't help but also do good things! How can you show your faith every day this week? Check out all the great content at kidscorner.net, like KC's Valentine Cards.

Groundwork: Jesus Prays for His Disciples - As Jesus prays his high priestly prayer, he intercedes on behalf of his disciples. Join Groundwork as we study John 17:6-19 to learn what Jesus desires for them and how his prayer for protection, unity, joy, and sanctification helps us live as sanctified people in a world that isn't always welcoming to our faith. Listen now at GroundworkOnline.com and subscribe to Groundwork's weekly emails for future episodes.

Church Calendar

This Week:

Tues, Jan 28: Craft group 10 - 3 pm

Tues, Jan 28: GEMS/Cadets

Wed, Jan 29: Committee of Stewards Property & Maintenance Mtg 7 pm

Thurs, Jan 30: Coffee Break Ladies Bible Study & Nursery 9:30 - 11:30 am

Thurs, Jan 30: Evening Bible Study in the Fireside Room 7 pm

Thurs, Jan 30: Worship Mtg 7 pm

Sat, Feb 1: Men's Breakfast at the Dog House 8 am

Future Dates:

Sun, Feb 2: Celebrate the Lord's Supper together

Sun, Feb 2: Cadets Sunday

Mon, Feb 3: Full Council Mtg 7 pm

Thurs, Feb 13: The first of an 11 week Alpha series

Mon, Feb 17: Sunday Sandwiches provided on the Family Day stat holiday

Wed, Feb 19: Afternoon Bible Study 2 - 4 pm

Sun, March 2: Baptism, Profession of Faith and Affirmation of Faith Sunday

Mon, April 28: Spring Congregational Mtg 7 pm



New here, help us
connect with you



Tithing Options



Info this Week

Little Lambs (Nursery/Preschool)

Jan 26: Joanne B, Cathy D, Amaya D
Child care for infants to pre-school is located in the wing to the right of the sanctuary.

Sunday School January 26

Teacher K-2: Danielle D Helper: Sietse K
Grade 3-5: Michelle B Helper: Katie V
Sunday School children are dismissed part way through the service and return during the service.

Hearing assistance is available upon request from the greeters.

If you would like prayer, please call the PRAYER CHAIN Thanks, Anneke W

Birthdays

Monday, January 27: Ben W
Thursday, January 30: Albert W, Jaymie B, Rose B, Tracey Y

Hospitality Team

Jan 26: Sandy V, Tangerene M, Mike & Susan R

Coffee Serving

Jan 26: Alie V, Irene L, Renee dB

Hall Monitors

Jan 26: Ben vB
Feb 2: Fred W

Coffee Break Nursery

Jan 30: Henrietta G, Ida vB

Sermon Notes

Reflect

Where are you most tired? Physically? Mentally? Emotionally? Spiritually? What is the greatest drain on your energies?

What is the strongest force of resistance in your life (external or internal) that attempts to keep you from Sabbath rest?

What are the hardest things for you to say no to on the Sabbath?

Practice:

1. Prepare for the Sabbath day - spend time to be ready
2. Prepare for external resistance - what will you say no to?
3. Prepare for internal resistance - journaling prayer